

I love my mum because...



January 14, 2009

For immediate release

LAST CHANCE TO NOMINATE FANTASTIC NSW MUMS!

Nominations for the Barnardos Australia's Mother of the Year Awards close in two weeks

Do you know the best mum in NSW? Someone who is loving, caring, brave, strong, compassionate, nurturing...that is, an all round fantastic mum? With only two weeks to go before nominations close don't miss the opportunity to nominate a special Mum in the **2009 Barnardos Australia's Mother of the Year Awards**.

Nominations can be made via the Barnardos website – www.barnardos.org.au and close at midnight on **31 January 2009**.

Barnardos Australia urges everyone in NSW to show their mums how much they're appreciated by nominating them today!

Whether it's your own mum – biological, foster or adoptive – your wife, partner, sister, friend, daughter, someone in the local community or anyone else who you believe is truly worthy of the title 'Barnardos Australia's Mother of the Year' – nominate them now.

The Barnardos' NSW Mother of the Year will be announced at a special function in Sydney, to be held on 30 March 2009. That mum will then represent NSW as a finalist for the national title of Barnardos Australia's Mother of the Year, to be announced at a special event in Sydney in May - just prior to Mother's Day.

Barbara Perry, Minister for Local Government and Minister Assisting the Minister for Health, is a mother of five young sons and says her own mum still plays a crucially important role in her life.

"My mum Susan is incredible and provides essential support for me in helping look after my sons. I couldn't do what I do without her."

Ms Perry added that the recognition these Awards provides for mums is very important and cannot be underestimated. "There are so many mums that are doing great things that have a hugely positive impact on people's lives. I would urge people to nominate fantastic mums for this wonderful award."

The 2008 Barnardos NSW Mother of the Year, Jennifer Ney from Wellington is also encouraging local people to nominate a great mum they know. Jennifer has two adopted boys and for more than 10 years has fostered numerous children, many with severe disabilities. "I felt very privileged and honoured to have been nominated and subsequently chosen to represent the mothers of New South Wales," says Jennifer.

"Most of us are lucky enough to have a fantastic mum," says Glynis Sequeira, Marketing Director of Barnardos Australia. "However, many kids who turn to Barnardos every year have been robbed of the foundation of life – their childhood. That's why Barnardos is again holding these Awards – to celebrate the important role mums play in giving kids a good start in life."

"It would be a terrible shame if a deserving NSW Mum missed out on the chance to win some fabulous prizes," Ms Sequeira continued.

Those prizes include a new Ford Fiesta, a Captain Cook Cruise, a huge array of Johnson & Johnson products, motherInc.com.au pamper package, Practical Parenting magazine subscription, Lindt chocolate baskets, blooms from easyflowers.com.au, Canon digital camera and a whole lot more.

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For more information contact Sofey Youssef, Awards Publicist, Barnardos Australia on **02 9743 2790 or 0419 272 237 or email sofey@bigpicture.com**

Nominate her for Barnardos **Australia's Mother of the Year**
www.barnardos.org.au

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